

LUNCH & A DRINK £12

LUNCH AND A SOFT DRINK FOR £12. UPGRADE TO AN ALCOHOLIC DRINK FOR +£1

Sandwiches are served with either fries (ve) (356kcal) or cherry tomato & grain salad (ve) (167kcal)
See the reverse of the menu for what drinks are included.

CHICKEN, SMOKED BACON & AVOCADO SUB

Buttermilk jalapeño ranch sauce, tomato, rocket, in a soft ciabatta roll (624kcal)

SPICED FALAFEL WRAP (VE)

Spiced falafel, avocado, tomato, chipotle chilli jam, in a tortilla wrap (840kcal)

HALLOUMI BUN (V)

Grilled Halloumi, avocado, chipotle chilli jam, pickles, crispy spiced onions, in a brioche bun (888kcal)

FRIED CHICKEN WRAP

Chipotle chilli jam, tomato, rocket, in a tortilla wrap (1042kcal)

BEER-BATTERED HADDOCK GOUJON BUN

Lettuce, tartare sauce, pickles, in a brioche bun (658kcal)

SIRLOIN STEAK SANDWICH (+£1)

Thinly sliced aged sirloin steak, crispy spiced onions, chimichurri, watercress, mayonnaise, in a soft ciabatta roll (837kcal)

AVOCADO & MANGO SALAD (VE)

Edamame beans, spring onion, mint, grains, coriander, lime dressing (473kcal)

Add: Grilled Chicken Breast (232kcal) +4.00 | Halloumi (v) (415kcal) +3.50

CHEESE BURGER (+£1)

Grilled beef patty, smoked Cheddar served on a brioche bun with fries & house sauce (1200kcal).

Add Smoked Streaky Bacon (105kcal) +2.00.

SIDES

HAND-BREADED HALLOUMI FRIES (V) 7.50
Chipotle chilli jam (774kcal)

CRISPY SPICED ONIONS (VE) (103kcal) 4.50

ROSEMARY & PARMESAN FRIES..... 6.00
White truffle-infused oil (502kcal)

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Subject to availability. Soft drinks available: large draught soft drink or bottle of water (330ml). Alcoholic drinks available: pint or half pint of Camden Hells Lager, Camden Pale Ale, Beavertown Neck Oil Session IPA, Guinness, Madri, Aspoll Cider, Lucky Saint Alcohol Free Lager (pint or 330ml bottle), Athletic Run Wild IPA, Athletic Upside Dawn Pale Ale or a 175ml glass of wine (Pinot Grigio, Pinot Blush or house Cabernet Sauvignon).

Allergen Information: Our easy-to-use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(v) = made with vegetarian ingredients, (ve) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. *= This dish contains alcohol. Fish dishes may contain small bones. All items are subject to availability. Where table service is offered, a discretionary service charge of 10% may be added.

Adults need around 2000kcal a day. All calories are correct at the time of menu print. Live nutritional information is available online.